

# Attitude & Gratitude

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## Opening Prayer

Our Father, we come to you as a friend. You have said where two or more are gathered, there You will be in the midst. We believe You are here with us now and this is something You would have us do, and that it has Your blessing. We pledge with You to be honest and to search our hearts for weaknesses and errors, that we may deserve Your help.

We believe that you want us to be real partners with You in the business of living, accepting our full responsibilities, and certain that the rewards will be freedom, growth and happiness. For this we are grateful. We ask You at all times to guide us. Help us daily to come closer to You. Grant us new ways of living and of gratitude.

## Third Step Prayer

God, I offer myself to Thee – to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life.

## Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding

## Prayer of Saint Francis of Assisi

Lord, make me an instrument of thy peace! That where there is hatred, I may bring love. That where there is wrong, I may bring the spirit of forgiveness. That where there is discord, I may bring harmony. That where there is error, I may bring truth. That where there is doubt, I may bring faith. That where there is despair, I may bring hope. That where there are shadows, I may bring light. That where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort, than to be comforted. To understand than to be understood. To love than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life. AMEN

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## Serenity Prayer

God, grant me the Serenity  
To accept the things, I cannot change.  
Courage to change the things I can,  
And Wisdom to know the difference.  
Living one day at a time,  
Enjoying one moment at a time,  
Accepting hardship as the pathway to  
peace. Taking as He did, this sinful  
world as it is,  
Not as I would have it. Trusting that  
He will make all things right  
if I surrender to His will. That I may  
be reasonably happy in this life, And  
supremely happy with Him forever in  
the next. AMEN.

## Set Aside Prayer

God, please set aside everything I  
think I know about myself, my  
disease, the Big Book, the 12Steps,  
the Program, the Fellowship, the  
people in the fellowship, and all the  
spiritual terms, especially about you  
God. That I might have an open mind  
and a new experience with all these  
things. Help me to see the truth.

## Morning Prayer

God direct my thinking today so that  
it be divorced of self-pity, dishonesty,  
self-will, self-seeking and fear. God  
inspire my thinking, decisions and  
intuitions. Help me to relax and take  
it easy. Free me from doubt and  
indecision. Guide me through this day  
and show me my next step. God give  
me what I need to take care of any  
problems. I ask all these things that I  
may be of maximum service to you  
and my fellow man in the name of  
the Steps I pray. AMEN

## Accepted by Others

Lord, help me to be accepted in a  
world of indifference. My tastes,  
personality, and beliefs don't always  
fit in with those around me. Help me  
to accept, and be accepting of these  
differences. Help me find friends and  
loved ones who will see the  
uniqueness in my spirit. Show me  
where to find spirituality, to find a  
fellowship, and enjoy time with  
others in a comfortable environment.  
Keep my soul filled with positivity  
and hope as I search for acceptance.  
Lead me to the right situations, show  
me good, genuine people, and allow  
me to find life-long relationships. I  
ask these things in your  
compassionate name, I pray. Amen.