



# SADDLEBACK FELLOWSHIP AA & ALANON MEETINGS

23401 EL TORO RD LAKE FOREST CA 92630



Meeting Type A = All W = Women Only M = Men Only H = Hybrid

July 2024

Monday			Friday		
6:00a-7:00a	A H	Big Book Study [H]	6:00a-7:00a	A H	12X12 Step Study [H]
7:30a-8:30a	A	Step Study	7:30a-8:30a	M	Men's Stag Meeting
12:00p-1:30p	A	Open Discussion	7:30a-8:30a	W	Women's Daily Reflections
4:00p-5:00p	A	Under the Bridge	12:00p-1:30p	A	Open Door Open Discussion
5:30p-7:00p	A	As Bill Sees It	4:00p-5:00p	A	Under the Bridge
5:30p-7:00p	A	Secular Recovery	5:30p-7:00p	A	Open Disc #1 (Main) Up Stairs
5:30p-6:00p	W	Women's Big Book Study	5:30p-7:00p	A	Open Discussion # 2 Lower
7:00p-8:30p	A	Alanon - Spanish	7:00p-8:30p	A	Al-Anon - Spanish
7:00p-8:00p	W	Women's Big Book Study	7:30p-9:00p	A	Speaker Meeting Up Stairs
7:30p-9:00p	A	Open Discussion	9:30p-11:00p	A	Candlelight
9:30p-11:00p	A	Living Sober Discussion			
Tuesday			Saturday		
6:00a-7:00a	A H	Open Discussion [H]	6:00a-7:00a	A	Open Discussion
12:00p-1:30p	A	Noonsters Open Discussion	7:30a-8:30a	A H	Open Discussion [H]
4:00p-5:00p	A	Under the Bridge	9:00a-10:30a	A	One Page at a Time
5:45p-6:45p	W	Women Dubl Winner (Down)	9:15a-10:45a	A	12 x 12 Step Study
5:30p-7:00p	A	Open Discussion (Up Stairs)	12:00p-1:30p	A	Living Sober
6:00p-7:00p	M H	Mens Dubl Winner [H]	2:00p-5:00p	A	Step 1-8 Workshop (2 <sup>nd</sup> Sat)
7:00p-8:30p	A	Al-Anon - Spanish	5:30p-7:00p	A	Open Discussion
7:30p-8:30p	A	Al-Anon - Spanish [H]	7:30p-9:00p	A	Open Discussion
7:30p-9:00p	A	Beginner's Meeting	9:30p-11:00p	A	Big Book Study
9:30p-11:00p	A	As Bill Sees It			
Wednesday			Sunday		
6:00a-7:00a	M H	Mens Discussion [H]	6:00a-7:00a	A H	Attitude Adjust [H]
6:00a-7:30a	W H	Womens Discussion [H]	7:30a-8:30a	A	11th Step
7:30a-8:30a	A	Big Book Study	10:00a-11:30a	A	Donut Meeting [H]
12:00p-1:30p	A	Risers Open Discussion	10:30a-11:30a	A	Serenity Hills Meeting
4:00p-5:00p	A	Under the Bridge	12:00p-1:30p	A	Open Discussion
5:30p-7:00p	A	12X12 Step Study	2:00p-3:00p	A	Jay Walkers
6:00p-7:00p	A	Al-Anon Meeting	3:45p-5:00p	A H	Steering Committee (3 <sup>rd</sup> Sun)
7:00p-8:30p	A	Al-Anon - Spanish	5:30p-7:00p	A H	Open Discussion [H]
7:15p-8:00p	A	AA 45 - Get Spiritually Fit	7:00p-8:30p	A	We Do Recovery
7:30p-9:00p	A	Get Honest	7:30p-9:00p	A	12X12 Step Study
9:30p-11:00p	A	Open Discussion	9:30p-11:00p	A	We Agnostics
Thursday			<p>SaddleBack Fellowship Center is open for in person meetings. offering various meeting types based on the 12 step program of recovery. Including Big Book Study, 12x12 Book Study, Open Discussion, Women only, Men only, Alanon, Speaker Meetings, Double Winners, Meditation, Hybrid, and many, many more for groups large and small. Estimated seating for up to 150 people using our 5 rooms. Upstairs 60-110 people in 3 rooms, Downstairs 30-40 people in 2 rooms .</p> <p><b>Please be quiet when entering and exiting the property for our other tenants</b></p>		
6:00a-7:00a	A H	Open Discussion [H]			
12:00p-1:30p	W H	Women's Discussion [H]			
12:00p-1:30p	M H	Men's Stag Discussion			
4:00p-5:00p	A	Under the Bridge			
4:00p-5:00p	A	Al-Anon Step Study			
5:30p-7:00p	A	Big Book Study (Up Stairs)			
6:00p-7:15p	W	Women Book Study (down)			
7:00p-8:30p	A	Al-Anon - Spanish			
7:30p-9:00p	A	Open Discussion			
9:30p-11:00p	A	12X12 Step Study			
			Notes		
			Notes		
			Notes		