



SADDLEBACK FELLOWSHIP AA & ALANON MEETINGS

23401 EL TORO RD LAKE FOREST CA 92630



Meeting Type A = All W = Women Only M = Men Only H = Hybrid S= Spanish

JULY 2026

Monday			Friday		
6:00a-7:00a	A H	Big Book Study [H]	6:00a-7:00a	A H	12X12 Step Study [H]
7:30a-8:30a	A	Step Study	7:30a-8:30a	M	Men's Stag Meeting
12:00p-1:30p	A	Open Discussion	7:30a-8:30a	W	Women's Daily Reflections
4:00p-5:00p	A	Under the Bridge	12:00p-1:30p	A	Open Door Open Discussion
5:30p-7:00p	A	As Bill Sees It	4:00p-5:00p	A	Under the Bridge
5:30p-7:00p	A	Secular Recovery	5:30p-7:00p	A	The Zoo Open Disc (UpStairs)
5:30p-6:00p	W	Women's Big Book Study	5:30p-7:00p	A	No Meeting (Downstairs)
7:00p-8:30p	A S	Alanon - Spanish	7:00p-8:30p	A S	Al-Anon - Spanish
7:00p-8:00p	W	Women's Big Book Study	7:30p-9:00p	A	Speaker Meeting (UpStairs)
7:30p-9:00p	A	Open Discussion	8:00p-9:30p	A S	Spanish Big Book Study
9:30p-11:00p	A	Living Sober Discussion	9:30p-11:00p	A	Candlelight
Tuesday			Saturday		
6:00a-7:00a	A H	Open Discussion [H]	6:00a-7:00a	A H	Open Discussion [H]
7:30a-8:30a	A H	As Bill See's It	7:30a-8:30a	A H	Open Discussion [H]
12:00p-1:30p	A	Noonsters Open Discussion	9:00a-10:30a	A	One Page at a Time
4:00p-5:00p	A	Under the Bridge	9:15a-10:30a	A	12 x 12 Step Study
4:00p-5:00p	A S	Spanish 12 x 12 Study	12:00p-1:30p	A	Living Sober
5:30p-7:00p	A	Open Discussion (UpStairs)	2:00p-3:00p	A	Zen Meditation Every 3rd Sat
5:45p-6:45p	W	Womens Dubl Winner (Down)	2:00p-5:00p	A	Step 1-8 Workshop (2 nd Sat)
6:00p-7:00p	M H	Mens Dubl Winner [H]	4:00p-5:00p	A	Under the Bridge
7:15p-8:30p	A	Alateen under 18 only	5:30p-7:00p	A	Open Discussion
7:00p-8:30p	A S	Al-Anon - Spanish	6:00p-7:30p	A S	Spanish Book Study
7:30p-8:30p	A S	Al-Anon - Spanish [H]	7:30p-9:00p	A	Open Discussion
7:30p-9:00p	A	Beginner's Meeting	9:30p-11:00p	A	Big Book Study
9:30p-11:00p	A	As Bill Sees It	Sunday		
Wednesday			6:00a-7:00a	A H	Attitude Adjust [H]
6:00a-7:00a	M H	Mens Discussion [H]	7:30a-8:30a	A	11th Step
6:00a-7:30a	W H	Womens Discussion [H]	8:00a-9:30a	S	Spanish AA Open Discussion
7:30a-8:30a	A	Big Book Study	10:00a-11:30a	A	Donut Meeting [H]
12:00p-1:30p	A	Risers Open Discussion	10:30a-11:30a	A	Serenity Hills Meeting
4:00p-5:00p	A	Under the Bridge	12:00p-1:30p	A	Open Discussion
5:30p-7:00p	A	12X12 Step Study	2:00p-3:00p	A	Jay Walkers
6:00p-7:00p	A	Al-Anon Meeting	3:45p-5:00p	A H	Steering Committee (3 rd Sun)
7:00p-8:30p	AS	Al-Anon - Spanish	4:00p-5:00p	A	Under the Bridge
7:15p-8:00p	A	AA 45 - Get Spiritually Fit	5:30p-7:00p	A H	Open Discussion [H]
7:30p-9:00p	A	Get Honest	7:00p-8:00p	A	We Do Recover
9:30p-11:00p	A	Open Discussion	7:30p-9:00p	A	12X12 Step Study
Thursday			9:30p-11:00p	A	We Agnostics
6:00a-7:00a	A H	Open Discussion [H]	 Schedule QR Code. SaddleBack Fellowship Center is open for in person meetings. offering various meeting types based on the 12 step program of recovery. Estimated seating for up to 200 people using our 5 rooms. Upstairs 60-130 people in 3 rooms, Downstairs 30-70 people in 2 rooms .		
7:30a-8:30a	A H	Experience, Strength & Hope			
12:00p-1:30p	W H	Women's Discussion [H]	Please be quiet when entering and exiting the property for our other tenants		
12:00p-1:30p	M H	Men's Stag Discussion			
4:00p-5:00p	A	Al Anon Step Study	Notes		
4:00p-5:00p	A	Under the Bridge			
5:30p-7:00p	A	Big Book Study (UpStairs)			
6:00p-7:15p	W	Women Book Study (Down)			
7:00p-8:30p	A S	Al-Anon - Spanish			
7:30p-9:00p	A	Open Discussion			
9:30p-11:00p	A	12X12 Step Study			